

## ST. NICHOLAS BULLETIN

Sunday, Mar. 14<sup>th</sup> 2021

SUNDAY OF CHEESEFARE – Tone 7.

The Expulsion of Adam and Eve from Paradise | Ven. Benedict of Nursia  
Romans 13:11-14:4 | Matthew 6:14-21

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Today is Cheesefare Sunday, the last day before we begin the full fast for the Lenten Season. May God strengthen you in prayer and fasting. The Lenten service schedule is now available on the Church website and posted in the back of the Church; always check most current bulletins for updates/changes.

**The Wednesday night Inter-parish book study** and the Sunday morning book study will both be reading “Hymns of Repentance” by St. Romanos. Copies are available for purchase. We will begin after the first week of Lent.

During the Lenten season, I encourage you to attend the services outside Sundays. If you have not done so for some time, make plans to prepare for and to give confession, and to receive holy Communion.

### Clean Week Schedule (March 15-20th)

#### **Monday**

9:00am--Lenten Matins @ St. Nicholas in Weirton, WV

7:00pm--Canon of Repentance here (singers appreciated!) @ St. Nicholas in Donora, with time for confessions after

#### **Tuesday**

9:00am--Lenten Matins here @ St. Nicholas in Donora

6:30pm--Canon of Repentance @ Nativity of the Virgin in Monongahela, served by Fr. John

#### **Wednesday**

9:00am--Lenten Matins followed by Pre-Sanctified Liturgy @ St. John the Baptist in Canonsburg

7:00pm--Canon of Repentance here (singers appreciated!) @ St. Nicholas in Donora, with time for confessions after

#### **Thursday**

9:00am--Lenten Matins @ St. Cyril & Methodius in Jeannette

6:30pm--Canon of Repentance @ Nativity of the Virgin in Monongahela, served by Fr. John

#### **Friday**

7:00pm--Pre-sanctified Liturgy here in Donora (singers appreciated!)

#### **Saturday**

11:00am--40th day Panikhida for Phillip Kaluponov & John Prystash  
Great Vespers @ 4:30pm, followed by confessions

Sunday Mar. 21<sup>st</sup> book club resumes @ 9:00am before liturgy  
*The Church will also be open each morning and evening when otherwise not scheduled, for people to pray and light candles.*

### **Prayer list Feb. Mar. 7<sup>th</sup>**

*Mary Behanna* – in memory of parents Andy & Petrina Gernat (Virgin Mary Kiot)

*Dimitri & Pauline Petro* – for birthday of Jim Hays / for birthday remembrance of Priscilla / for birthday remembrance of Father William / for birthday remembrance of Uncle Michael / for health of Kyra and newborn son, Will / for health of Christine and Alexandra / memory of newly departed Philip Kaluponov / for health of Fr. Igor

*Michael Horan* – memory eternal for my loving wife, Rebecca / for health of Cindy / for health of sister, Janine / special intentions

*Deacon Rodion & Mat. Sandy* – for health of Deacon Rodion, son Nicholas & Daughter Christina / health of Fr. Igor / for health of Bill Priatko / health of Scott Martin

*Tom & Elaine Backstrom* – for special intentions / memory of Mom & Dad / God’s healing hand be upon sister Michele / God’s blessings on grandchildren Sydney, Luke, Freddy & Madison / safe trip for Sydney & Luke / Gods blessings on grandson Luke on his birthday

*Sandy Carroll* – health of family / special intentions

*Vladimir Kash* – in memory of brother, Philip Kash, 40<sup>th</sup> day (3-12) / health of Fred Ruev

*Pauline Aitken* – in memory of departed son, Kevin, grandson, Nicholas, & husband Lee / for special intentions / God’s blessings on all member of St. Nicholas Orthodox Church

*Eleanor Prystash* – for departed husband, John / for health of the Prystash family / fo health of Pauline Aitken

*Jim Prystash* – for departed father / for health of mother

*Rodney Prystash* – for health of sister, Jacque / for health of mom, dad, Dianna & Terry

*Jim & Vera Hays* – health of all parishioners / safe travel for the Petro family / in memory of Philip Kash / special intentions

**Altar Candles offered by Veschio Family in Memory of Dolores Veschio**

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## 20 Simple Ways to Practice Humility:

**"Were you wronged? Forget it.**

**Did they despise you? Be happy.**

**Are they accusing you? Do not argue.**

**Are they teasing you? Do not answer.**

**Are they cursing you? Silence and prayer.**

**Do they take away your speech (cut you short)? Are they interrupting you? Do not be sad.**

**Do they malign you? Do not fight.**

**Do your children pass on responsibilities to you? Your relatives, your own people? Do not protest.**

**Are they angry with you? Stay calm.**

**Are they obviously stealing from you? Act blind.**

**Are they making fun of you? Be long-suffering.**

**Do (they) not listen to your advice? Do your children not listen to your advice? Fall on your knees and pray.**

**Irritability in your relationship? It is your fault. And (again) your fault. Not the other's.**

**Is it your fault? Apologise.**

**Is it not your fault? Apologise again.**

**Are you healthy? Praise God.**

**Do you have any illnesses? Do you have cancer, do you suffer, do you hurt? Praise God.**

**(Is there) Moaning, unemployment, poverty in the house? Fast. Hold vigil. Pray.**

**(Do) Prayer for everyone and everything. Lots of prayer. Lots of prayer. Fasting and prayer because "(fighting) these kind of passions and demons can only be achieved through fasting and prayer".**

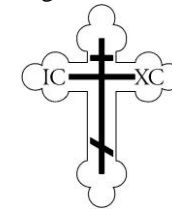
**+ Father Stefanos Anagnostopoulos**



*And do this, knowing the time, that now it is high time to awake out of sleep; for now our salvation is nearer than when we first believed. The night is far spent, the day is at hand. Therefore let us cast off the works of darkness, and let us put on the armor of light" (Romans 13:11-12)*

## **.St. Nicholas Orthodox Church**

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